

REPROGRAMMING

THE

EARTH

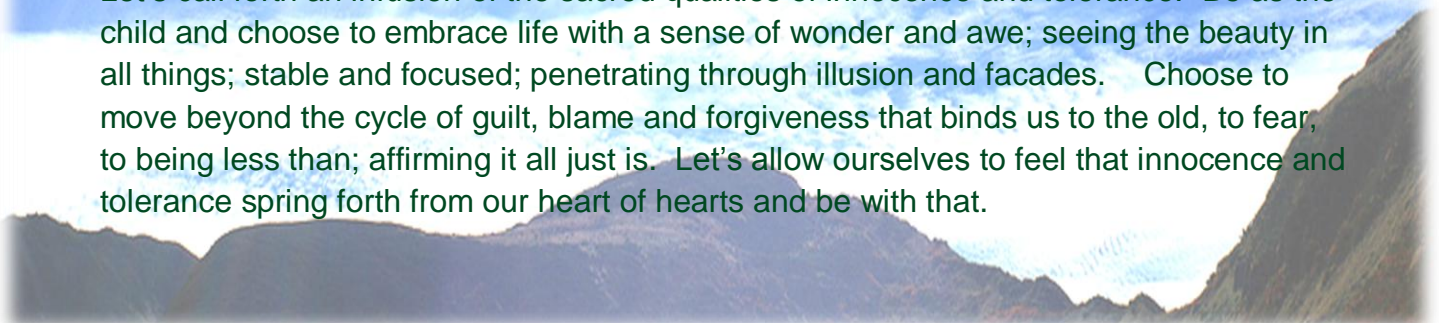
How would it be to sense into our un-illuminated aspects, the bits of us that feel angry, betrayed, frustrated, the bits that feel afraid, anxious and worried, the bits that we are ashamed of and wish were not there? What if to feel, acknowledge and be grateful for these aspects would increase our capacity to love, to be of service, to be on path?

How would it be to embrace, accept and love all of our self? Let's choose to move into more authenticity now.

First, let's affirm that we are aligned to wholeness and our highest truth,

that we are centered in our hearts and fully grounded and present in our bodies; that a beautiful golden bubble of protection surrounds us and that we are only open to the energies of unconditional love and above. Let's call forth a golden cylinder from source to descend and cut any inappropriate cords or connections attached to any of our bodies, dissolving and healing them with golden healing light. Let's call forth a down pouring of the 7th Ray of Transformation, the Violet Flame, allowing this ray to flood every cell of our bodies, transmuting and transforming all fear into love, flooding all of our energetic connections back to their source.

Let's call forth an infusion of the sacred qualities of innocence and tolerance. Be as the child and choose to embrace life with a sense of wonder and awe; seeing the beauty in all things; stable and focused; penetrating through illusion and facades. Choose to move beyond the cycle of guilt, blame and forgiveness that binds us to the old, to fear, to being less than; affirming it all just is. Let's allow ourselves to feel that innocence and tolerance spring forth from our heart of hearts and be with that.



Let's suspend our beliefs about what is good and bad, the labels and boxes we use to keep ourselves small and contained, and call forth Kali and the Grim Reaper, who work with the Heart Masters in clearing spiritual service work and feel their nurturing energies. You may feel a potentness around the heart area, a real strength and steadiness. The Reaper sets boundaries that are immutable, unchanging; acceptable; not acceptable; the Reaper steps in to clear the unacceptable, to make room for the new; Kali and the Reaper help us to be on plan and purpose; to move forward ; we can do so from a space of joy or suffering; the choice is ours in each moment; if we cling to the old, to our fear-based patterns and programs, we may perceive Kali and the Reaper to be the enemy, to be avoided and shunned at all costs; this is an illusion; the heart knows the truth. Allow these nurturing energies to work with you.

Humanity sent forth an invocative decree from soul level for peace, for men and women to walk hand in hand as equals,

to move beyond all the polarization we have experienced and move along truly heart-based ideals and lines; yet, on the outer we have been resisting the change within that is necessary to embrace this new age of peace, harmony and joy; we have been attached to this planet's competitive play ground where material possessions, wealth and outward beauty are prized about all else; we have told ourselves that there are certain things, certain people that we cannot live without; and, we have been clinging to these people, places, things, beliefs and suffering.

This conflict within us is manifesting on the outer as wars, skirmishes, social and political intolerance and unrest, famine, earthquakes, fires, floods, disease, epidemics and more. Let's ask ourselves, "Where am I not living the ideal to its fullest?" Is there anyone who can truthfully say that there is absolutely nothing in their life that is not serving them? Are we still attached to what is not serving us and putting a lot of energy into it? The ideal is love and tolerance. What we need to do is come to an understanding as individuals of how we can make a difference.

We can make a difference because we are plugged into the Planetary Akasha, the record of everything that has ever happened on Earth; as a



spirit embodied in form, we have the ability to work with Mother/ Father God and beings of unconditional love and above, to work with Gaia, the being that embodies our beloved planet and help reprogram the Akasha.

Over a very, very long period of time, there has developed an enormous mass of energy within the Akasha about the main ways people act, react and respond in life; of all the myriad of possibilities available to us, we have exercised only a very small portion of them; this has become “the old time religion is good enough for me” and “that’s the way it’s always been done and that’s the way we will keep on doing it”. People have felt that there is strength in numbers, even if what they are doing is dumb; if we have a problem, the best solution is to kill or hurt someone or baffle them with bull shit or use emotional blackmail, twist the truth and make them out to be the “bad guy”. This is the way problems have been solved on our planet for a long time.

How do we participate in reprogramming the Akasha?

We honor, sanctify and acknowledge all that we are feeling that is resonating on a planetary level. When we watch, listen to or read the news, when we witness another acting from a space of fear and contraction, we choose the new; in prior moments, we have gotten angry and self righteous about all the unnecessary bloodshed, fighting, greed, selfishness, cowardice, foolishness and laziness in the world; we have projected a lot of judgment at it and fueled the fire of hate and fear.

In this moment, we can choose the new and affirm, “Wow, that’s what’s resonating there. That’s not my truth. My truth is that I choose peace! My truth is that I choose love! My truth is that I choose to set appropriate spiritual boundaries of being open only to the energies of unconditional love and above.” We can call forth a down pouring of inspiration to help us harmonize the energies within and ask ourselves, “What would love do now? How can I give back to Gaia, put into the planetary consciousness a different way to respond to this situation so that everyone is able to draw that forth from the Akasha?”

There is an enormous amount of stuckness and inertia in the Akasha, especially with the suppression of the feminine for such a long time. That’s why when people say “I don’t know what to do! What should I do?” they go to the Akasha and reach for where most of the energy is, and that’s the old energy of fear, doubt and disbelief, of contraction, of not taking responsibility for self and making other wrong, of playing power and control games.

As we re-imprint the Planetary Akasha we need to put some sparkle into it; when we are harmonizing the energies and feeling this, yet not allowing ourselves to be controlled or buffeted by them,



if we are aligned to our highest truth, centered in our heart, attuned to Universal Heart and experiencing joy, then we re-imprint a new way and a heart-singing resonance in the Planetary Akasha. People looking for answers will feel the energies, feel how nice they are and be willing to take a risk. A lot of people want to take a risk; so, it's up to us to make it obvious what the new is in the Akasha.

We can visualize the new which is peace, harmony and joyful living; we can call forth those beings of unconditional love and above that we feel to work with and ask for a down pouring of inspiration; we can ask, "From your perspective of how the ideal plan and purpose for Gaia and everyone upon and within Her could be playing out, over light and over shadow me with the ideal of what we could be if everyone chose love, chose to stay in their power and chose to exercise wisdom. " That energy is then overlaid and imprinted through us.

Beings of unconditional love and above that are not embodied on Earth cannot reprogram the Akasha without our participation; this is a free will universe and that would be seen as a violation of free will; but, they can work through us when we are re-patterning the Akasha. We have earned the right to be a system buster and to do this work by coming here, falling asleep and getting as screwed up as everyone else, then re-awakening, healing and embracing the new.

That's why it so important to clear our fear-based patterning and programming and to release our attachments ; otherwise what we put in the Akasha will be tainted by fear and become our mess to clean up! Yet, if we wait to be perfect to serve, we will never get around to serving. Re-programming the Akasha is something we are able to do right now! All we have to do is get out of our own way and live the ideal of being the best that we can possibly be as a mother, father, chef, shop clerk, construction worker, business owner or whatever. Living that ideal and working with those beings of unconditional love and above is re-programming the Akasha with ways that we can go about being a mother, father, shop clerk, construction worker, business owner and so on in a radically different way, a way which is about Christ consciousness, tolerance, understanding and allowance.

That is our role in each moment. Every day before we go to sleep we can ask ourselves, "How have I contributed to love today and how can I be better at being a positive influence tomorrow?" Ponder and choose to integrate this new knowing while

you sleep. It doesn't matter what your partner or anyone else thinks or says. Do you choose to be a clear channel for spirit and serve?



Much love,

Arlene

Please check out the offerings on my website www.align2love.com and start the journey to be-ing your highest, clearest, brightest self today.

Align2Love has is now a partner of Jewel Lifecoaching & Mentoring. Contact us for details.

