

Feeling into Enchantment

By Dawn Atkin

Oh to be enchanted; a beautiful garden, an innocent smile, a piece of art, a performance, a ray of light dancing on a petal, a hint of sweet scent, a mysterious moment.

I would like to hold that enchantment and simply observe it – multifaceted; a diamond. Why does it shine so? And what does it touch? Somewhere deeper within; re-igniting, delighting and enticing a flickering.

What is enchantment? To be taken from one's head and led to the heart; to deeply touch an aspect of self that remains from view in the non-obvious space of our whole being.

And once enchanted ...

A new door opens to reveal sensitivity – a very individual, personal, intimate place – and so it remains for this moment or this minute - simply 'enchanted'. An intrigued imagining – an opened deepness, an offering to sink into and explore – feel into and land upon – indulge and become... entranced, in the inner world of Self.

Adrift, yet sheltered and at peace with the sensitivity of souls introspection.

Stillness within that moment when all other separation seems to dissolve into 'not ever here' – unseen.

Millions of distractions not able to pierce that which protects the sacredness of this - an enchanted moment.

To feel if only for one moment

To feel...

Skip a beat and sink into

The fathomless beauty where all slows

Into the expanded elastic spaciousness

Consciousness

Wakefulness

When even the mystery of breath subsides and all systems slow into the pleasure the senses have successfully delivered to ones heart.

Enchanted – a fluttering of the other – the else – of what is always there revealing itself on occasion – peeping from its veils and squeezing through my own – revealing and asking that I too reveal – a tender and vulnerable space of openness to all that is.

Non-intellect, non-rational, a rippling of infinity through the density of the 3rd Dimension – a waft of what can be, what already is – a whisper of a secret – all that which is available to all – tenderly, lovingly merging – effervescent yet understated – for those with the ears to hear and the eyes to see.

A softening - lost into it – aware yet sweetly dissolving into that which surrounds this intimate, intricate, delicate moment. Oneness; this dot in the passage of time; this sense of complete harmony and unity.

A flutter. (*Veil lifts.*)

A glimmer. (*Heart feels this.*)

A possibility. (*Heart knows this.*)

Imminent. (*Anticipates.*)

Enticing. (*Feels.*)

Gently inviting. (*Chooses.*)

Enchanting. (*Steps into.*)

This moment. (*The New.*)



Dawn is committed to making a difference. With a career background in social & cultural research, communications & marketing and community development & capacity building Dawn understands that people and the organisations we participate in are living breathing systems. And within these systems, as with all life, there is an innate desire to grow, to evolve. This understanding, along with her compassionate down-to-earth style, commitment to lifelong learning and conscious and sustainable living, is the foundation upon which Dawn continuously develops and offers a range of bright, refreshing and contemporary professional services including: project coordination and management, heart centered consultation and facilitation skills, organisational and personal development well-being services. It is Dawns vision that by assisting organisations and individuals to deepen their self awareness, make decisions from the heart and take responsibility for themselves and their actions we can all gain the tools required to contribute to a 'hearty', healthy and

balanced workplace, lifestyle and planet where harmony and unity are the simply the way it 'is'.

As well as 'playing' with her teenage sons bike riding, swimming, kayaking and snorkeling Dawn loves really being in the body with yoga, playing with words and living on this amazing planet..

