

## **YOUR REALITY IS BLINKING ON AND OFF AT ALL TIMES**

By Peggy Black

The human brain was designed to sense the "on" frequency. Just as quickly, it blinks "off," and all disappears. However, your brain registers and connects only the "on" segments, and thus you have the sense or feeling of your reality being solid. It is an illusion. It is the hologame creation.

An example of this is your movies, which are not one continuous movement that you view with your eyes. Instead, they are frames of action strung together and projected one after the other at a quick speed. The human brain connects the individual frames into one continuous movement.

The "off" position is the space in which all creation is formed. Your highest soul self dwells in this place. It is from this place that seeming miracles are created, that synchronicities unfold, and that the wonder and magic of physical reality is formed. It is a place we invite you to begin to consciously travel. This is done by shifting your perception, shifting your focus from the seeming solidness of your daily life to the expanse of all that is holding your reality in place. This shift can be created by quieting the outer mind in meditation ...the exercise of following your breath to the door of the stillness.

### **JOURNEY TO OTHER HOLOGAMES**

This is the awakening times.

This reality/hologame is only one of many you participate in. As multidimensional starbeings your presence is simultaneously expanded to a multitude of other realities and hologames, which are layered, woven, and nested within each other.

This example will offer some clarity. You are here, perhaps at your desk focused with us and this message. That is one facet of the hologame/reality that you embrace.

You could step out of the hologame, this matrix, and travel to a friend's home and be in an entirely different hologame and matrix. Or you could be in the shopping mall and again it would be a different hologram and different matrix. Each time you take your presence to a different event or activity you are shifting the hologame. However in your consciousness it is just different aspects of your life here on earth.

Now expand this concept to the galactic arena. It is the same. One hologame and reality is your total life here on this planet, however there are certainly other realities and other planes of existence in which you are fully present, conscious and

an active energy field and vibration in that reality. All these realities are nested, woven, and layered, just like your current embodiment and current life here on earth.

The key is to your awareness of being at your desk, or being at your friend's house or being at the office or shopping mall. You hold all these activities and all these changes in events and activities as a part of your life.

Your galactic life is the same. You have multidimensional realities, activities, events and hologames in which you participate, and this reality here on earth is only one of those holograms. It feels a bit overwhelming to consider that you are active in a multitude of various realities and timeframes, all of which are happening at once.

Allow this idea to stretch your mental concept, play with this possibility especially when you have undisturbed time alone. Allow your consciousness and imagination to travel unrestricted and observe what images, feelings, thoughts and experiences occur. Leave your small judging and doubting mind in a safe place, and play freely like a child of the universe that you are. The galaxy is your total playground.

Practice consciously sending forth a pure frequency of joy, gratitude, and appreciation. These vibrations, these frequencies are your anchor, your ticket, your magic carpet, your protection and your wings in any reality or hologame. Safe, smooth and gentle travels!



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